



IGBO

OZI MAKA NDI NA-AKWAGA MBA OZO NA COVID-19 MBEREDE

Gini bu coronavirus Coronaviruses bu nnukwu ezinulo nke nje nke nwere ike ibute ori ana anumanu ma o bu mmadu. N'ime mmadu, a ma otutu Coronaviruses ka o na-ebute oria na anumanu ma o bu mmadu. N'ime mmadu, a ma otutu Coromaviruses ka o na-ebute oria nke akuku okuku ume na-esite na oyi na atukari na oria ndi siri ike.

GINI BU COVID-19?

COVID-19 bu ori na-efe nke CORONAVIRUS choputara ohuu choputara ("CO" nochiri anya Corona, "VI" maka nje, "19" afo nke o putara). Amabeghi nje ohuru na oria ahu tupu ntiwapu amalite na Wuhan, China, na Disemba afo 2019.

KEDU IHE MGBAAMA NKE COVID-19?

Mgabaama ndi a na-ahukari na 19 bu fever, ike ogwugwu, na ukwaea kporo nku. N'onodu ndi ka njo, ofufe oria nwere ike ibute oyi baa, nnukwu akuku iku ume na oria.

ENWERE OGWU MGBOCHI, OGWU MA O BU OGWUGWO MAKI COVID-19?

obubeghi. Ruo taa, enweghi ogwu mgochi na onweghi ogwu mgochi o bula iji gbochie ma o bu mesoo COVID-19. Agbanyeghi, ndi ahu metutara kwesiri inweta nlekota iji belata mgbaama ha. Ekwesiri iga ulo ogwu na aria ndi nwere ajo oria. Imirikiri ndi oria na-agbake site na nlekota nkwardo. Aga ga-enyocha ogwu mgbochi na ogwu ufodu akowaputara.

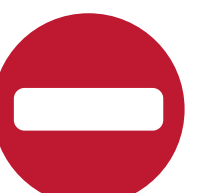
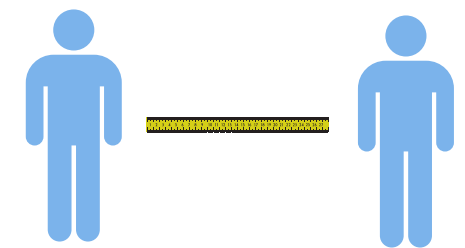
ISNYE NWERE IHE OMUMA NKE IBUTE ORIA OJOO?

Mgbe anyi ka na-amu maka etu COVID- 2019 si emetuta ndi mmadu, ndi okenye na ndi nwere nsogbu ahuike dibu (dika obara mgbali elu, oria obi, oria ngugu, kansa ma o bu shuga) na-ebute oria siri ike karia mgbe ndi ozo.

GINỊ KA M GA-EME N'IHI NA MAKÀ ỌRỊA?

OHERE Ị NWERE IBUTE ỌRỊA MA Ọ BỤ GBASAA COVID - 19 SITE NA Ị KPACHARA ANYA.

- Jiri mmanya n'ọsọsọ sachaa aka gị mgbe niile ma ọ bụ sachapụ ya na mmiri, n'ihi na omume ndị a na-egbu nje nwere ike ịdị gị n'aka.
- Dowe ebe dị mma ịnọ opekata mpe 1 (ụzọ atọ) ndị mmadụ. A na-ebute nje ahụ na ụmụ irighiri mmiri ma nwee ike ibunye ya site na iku ume site na nso, ọkachasi mgbe ha gakwara ụkwara, ịmị afọ ma ọ bụ nwee ahụ ọkụ.
- Zere imetụ anya, imi na ọnụ aka, n'ihi na aka na-emetụ ọtụtụ ihe dị iche iche ma nwee ike ị nweta nje. Ozugbo mmeru ahụ, aka nwere ike ibute nje gị n'anya, imi na ọnụ. Site ebe ahụ, nje nwere ike ịbanye n'ahụ gị ma mee ka ị daa ọrịa.
- Gbaa mbọ hụ na gị na ndị niile gbara gị gburugburu, na-eso ezigbo iku ume iku ume. Nke a pụtara ikpuchi egbugbere ọnụ gị ma ọ bụ anụ ahụ kpuchie ọnụ gị na imi gị mgbe ị na-ụkwara ma ọ bụ ịsọsọ. Wepụ anụ ahụ ejirila ya ozugbo. N'ihi gini? Ọkụ na-agbasa nje. Site n'igbaso usoro iku ume dị mma ị na - echekwa ndị nọ gị nso nje na-efe efe dị ka oyi, flu na COVID-19.
- Zere iwere aka na ịmakụ, maka ihe ndị e kwuru n'elu. Nọrọ n'ụlọ dika o kwere mee, na-agbaso iwu ndị ọchịchị nyere. Ọ bụrụ na ị nwere ahụ ọkụ, ụkwara na oke iku ume, chọọ nlekọta ahụike ma kpọọ tupu ịmalite. Nke a ga - eme ka onye na - ahụ maka ahụike gị duzie gị ozugbo na ebe ahụike dị mma. Nke a ga - echebe gị ma nyere aka gbochie mgbasa nke nje na ọrịa ndị ọzọ.



All the measures included in the present leaflet follow what established by the world health organization (WHO)